

# FSA/HSA Eligible Expenses

## UMC HEALTH SYSTEM FSA/HSA Eligible Health Care Expenses

Please note that this list is not intended to be comprehensive tax advice. For more detailed information, please consult IRS Publication 502 or see your tax advisor.

Acupuncture	Eye examinations and eyeglasses	Psychiatric care, psychologists, psychotherapists, counselors
Alcoholism treatment	Home health and/or hospice care	Radial keratotomy
Ambulance (ground or air)	Hospital services	Schools (special, relief, or handicapped)
Blind services and equipment	Insulin	Sexual dysfunction treatment
Car controls for handicapped*	Laboratory fees	Smoking cessation programs
Chiropractor services	LASIK/LASEK eye surgery	Surgical fees
Coinurance and deductibles	Medical alert (bracelet, necklace)	Television or telephone for the hearing impaired
Contact lenses	Medical monitoring and testing devices*	Therapy treatments*
Crutches, wheelchairs, walkers	Nursing services	Transportation (essentially and primarily for medical care; limits apply)
Deaf services -- hearing aid/batteries, hearing aid animal & care, lip reading expenses, modified telephone, etc.	Obstetrical expenses	Vaccinations
Dental treatment	Occlusal guards	Vitamins*
Dentures	Operations and surgeries (legal)	Weight loss programs*
Diagnostic tests	Optometrists	X-rays
Doctor's fees	Orthodontia	
Drug addiction treatment & facilities	Orthopedic services	
Drugs (prescription)	Osteopaths	
	Oxygen/oxygen equipment	
	Physical exams (except for employment-related physicals)	
	Physical therapy	

### Important Notice About Over-the-Counter (OTC) Medications

OTC medications require a doctor's prescription to be eligible for FSA/HSA reimbursement. For that reason, OTC medications cannot be purchased using the mySourceCard® unless dispensed by a pharmacy the same as a standard prescription (with an Rx number). If a manual claim is submitted for purchase of an OTC medication, both a copy of the prescription and the purchase receipt must be included to receive reimbursement.

Non-medicated OTC products (diabetes test strips, saline solution, bandages, etc.) do not require a prescription.

You can use either the mySourceCard® to purchase these items or submit the purchase receipt for reimbursement

Under PPACA (health reform law), the Maximum Annual Election is capped at \$2,600 per employee.

## FSA/HSA Eligible OTC Medications and Products

**COPY OF PRESCRIPTION AS WELL AS DETAILED RECEIPT REQUIRED FOR REIMBURSEMENT:**

Allergy & sinus, cold, flu & cough remedies (antihistamines, decongestants, cough syrups, cough drops, nasal sprays, medicated rubs, etc.)  
Antacids & acid controllers (tablets, liquids, capsules)  
Antibiotic & antiseptic sprays, creams & ointments  
Anti-diarrheals  
Anti-fungals  
Anti-gas & stomach remedies  
Anti-itch & insect bite remedies  
Anti-parasitics  
Digestive aids  
Baby care (diaper rash ointments, teething gel, rehydration fluids, etc.)

Contraceptives (condoms, gels, foams, suppositories, etc.)  
Eczema & psoriasis remedies  
Eye drops, ear drops, nasal sprays  
First aid kits  
Hemorrhoidal preparations  
Hydrogen peroxide, rubbing alcohol  
Laxatives  
Medicated bandaids & dressings  
Motion sickness remedies  
Nicotine patches and medications (smoking cessation aids)  
Pain relievers (aspirin, ibuprofen, acetaminophen, naproxen, etc.)  
Sleep aids & sedatives  
Wart removal remedies, corn patches

**ELIGIBLE FOR REIMBURSEMENT WITH DETAILED RECEIPT ONLY (NO PRESCRIPTION REQUIRED):**  
Breast pumps for nursing mothers  
Braces & supports  
Contact lens solution  
CPAP equipment & supplies  
OTC varieties of Insulin  
Diabetic testing supplies/equipment  
Durable medical equipment (power chairs, walkers, wheelchairs, etc.)  
Home diagnostic (pregnancy tests, ovulation kits, thermometers, blood pressure monitors, etc.)  
Non-medicated bandaids, rolled bandages & dressings  
Reading glasses

All OTC items listed are examples